

## January 2010

				<b>1</b> New Year's Day
<b>4</b> Parmesan Chicken Fettuccini Noodles Broccoli Fruit Blend Juice Fresh Fruit Wheat Roll Sugar Cookie	<b>5</b> Grilled Beef Strips Brown Gravy Country Potatoes Cabbage Grape Juice Cornbread Wheat Crackers Fluffy Fruit Salad	<b>6</b> BBQ Pork Tater Tots Pineapple Coleslaw Fresh Fruit Wheat Hamburger Bun Hot Apple Cobbler	<b>7</b> Turkey Brest / Gravy Mashed Spiced Yams Herbed Green Beans Cranberry Juice Multi Grain Bread Graham Crackers Cherry Gelatin	<b>8</b> Beef Chili w/Beans Buttered Rice Mixed Vegetables Apple Juice Fresh Banana Strawberry Swirl Pudding
<b>11</b> Swiss Steak Twice Whipped Potatoes Spring Vegetables Fruit Blend Juice Texas Bread Pineapple Tidbits	<b>12</b> Smothered Chicken Wild Rice Mixed Beans Fresh Fruit Apple Juice Wheat Bread Oreo Cookies	<b>13</b> Smoked Sausage Oven Roasted Potatoes Northern Beans Grape Juice Hot Dog Bun Glazed Fruit	<b>14</b> Meatballs & Mushroom Gravy Egg Noodles Peas & Carrots Tossed Salad Cranberry Juice Dinner Roll Fig Bar Italian Dressing	<b>15</b> Chicken Strips Chicken Gravy Macaroni & Cheese Italian Green Beans Fresh Fruit Apple Juice Wheat Bread Pecan Spin Danish
<b>18</b> Martin Luther King Day  Center Closed	<b>19</b> Grilled Park Patty Brown Gravy Black-eyed Peas Turnip Greens Grape Juice Cornbread Golden Glow Gelatin	<b>20</b> Beef w/Gravy & Peppers Brown Rice Glazed Carrots Fresh Fruit Apple Juice Dinner Roll Peach Cobbler	<b>21</b> Oven Fried Chicken Ranch Beans Collard Greens Orange Juice Wheat Crackers Cornbread Tropical Fruit	<b>22</b> Glazed Turkey Ham Mashed Spiced Yams Cabbage Fruit Blend Juice Multi Grain Bread Crackers Chocolate Cake
<b>25</b> Italian Style Pork Italian Green Beans Glazed Carrots Apple Juice Wheat Roll Oatmeal Cookie	<b>26</b> Meatloaf Onion Gravy Whipped Potatoes Mixed Vegetables Tomato Juice Wheat Bread Graham Crackers Pineapple Tidbits	<b>27</b> Lemon Pepper Fish Black-eyed Peas Whole Kernel Corn Pineapple Slaw White Bread Peanut Butter Cookie	<b>28</b> Baked Chicken Au Gratin Potatoes Lyonnais Green Beans Fruit Blend Juice Multi Grain Bread Vanilla Wafers Choc Swirl Pudding	<b>29</b> Hamburger Patty Baked Pinto Beans Lettuce / Tomato / Onion Orange Juice Hamburger Bun Peach Crisp